



## Ingredients

### Beef

100% Beef.

### Bacon, Applewood Smoked

Pork Belly (88%), Salt, Smoke Flavour, Sugar, Emulsifier: (E451/Sodium Tripolyphosphate), Preservative: (E250/Sodium Nitrite)

### Breaded Chicken Fillet Strips

Chicken Breast Fillet, fully cooked (67%), Wheat Flour, Rapeseed Oil, Water, Modified Maize Starch, Yeast Extract, Sugar, Salt, Flavourings (contain celery), Raising Agents: E450, E500, E551; Egg Albumen, Spices, Colour: E160c; Maltodextrin, Stabilizer: E451, Sunflower-, Coconut- and Palmkernel Oil.

### Char-Grilled Chicken Fillet Strips

Chicken, Water, Rice Bran Oil, Fructose Syrup, Waxy corn starch, Salt, Lime powder

### Chicken Royale Patty

Chicken breast (64%), Wheatflour, Breadcrumbs, Wheatgluten, Vegetable oil (palm & sunflower), Rice flour, Modified Starch (Tapioca & Maize), Maize Starch, Tapioca Starch, Yeast Extract, Flavourings, Salt, Sugar, Spices (Contains celery), Raising Agents (E450i/Sodium Acid Pyrophosphate, E500/Sodium Bicarbonate) Colour (E160c/Paprika extract)

### Chicken Bites

Fully cooked Chicken Breast Fillet (51%); Wheat Flour, Water, Vegetable Oil, Wheat Starch, Wheat Gluten, Sugar, Salt, Yeast Extract, Natural Flavourings, Yeast, Ground Spices.

### Beanburger Patty

Kidney Beans 25%, Vegetables 23% (In varying proportions: Carrot, Onion, Green Peppers, Green Chillies), Wheat Flour, Water, Dehydrated Potato, Vegetable Oil, Salt, Chilli Powder, Herbs, Raising Agents: E450, E500, Garlic, White Pepper, Yeast, Herb Extract, Flour Improvers: E300, E920; Breadcrumb (made from Wheat Flour, Salt, Raising Agents: E450, E500; Yeast, Flour Improvers: E300, E920, Rosemary Extract).

### Fish Patty

Alaska Pollock (66%), Wheat Flour, Water, Potato Starch, Modified Starch: (Potato, Wheat), Salt, Yeast, Raising Agents (E450/ Diphosphates, E500/Sodium Bicarbonate)], Egg Powder, Lactose, Sunflower Oil.

### Cheese, Processed (Cheddar)

Vegetarian Cheese (50%), Water, Butter, Milk proteins, Natural cheese flavouring, Emulsifying Salts (E331/ Sodium Citrates, E450/Diphosphates, E452/Polyphosphate), Whey Powder, Salt (Sodium Chloride), Preservative: (E200/Sorbic Acid), Colours: (E160(a)/Carotenes,E160(c) /Paprika Extract)

### Cheese, Pepperjack, Processed

Monterey Jack Cheese (50%), Cheese, Water, Butter, Milk Proteins, Emulsifying Salts: (E331/Sodium Citrate, E339/Sodium dihydrogen orthophosphate), Natural Cheese Flavouring, Salt, Red Bell Peppers, Jalapeno Peppers, Preservative: (E200/Sorbic Acid), Jalapeno Pepper Extract.

### Cheese, Cheddar

Milk, Salt, Rennet.

### Bun : Hamburger/4"

Wheat Flour, Water, Sugar, Non-Hydrogenated Vegetable Oils (Rapeseed, Sunflower and Palm), Yeast, Salt, Sesame Seed Topping, Emulsifier E472(e) (Mono and diacetyl tartaric esters of mono and diglycerides of fatty acids), Preservative E282 (Calcium Propionate), Emulsifier E471 (Mono and diglycerides of fatty acids), E300 (Ascorbic Acid).

### Mini Burger Bun/6 Pack Bun

Wheat Flour, Water, Sugar, Non-Hydrogenated Vegetable Oils (Rapeseed, Sunflower and Palm), Yeast, Salt, Emulsifier E472(e) (Mono and diacetyl tartaric esters of mono and diglycerides of fatty acids), Fermented Wheat Starch (Preservative), Emulsifier E471 (Mono and diglycerides of fatty acids), E300 (Ascorbic Acid).

### **Bun : Specialty/7"**

Wheat Flour, Water, Sugar, Non-Hydrogenated Vegetable Oils (Rapeseed, Sunflower and Palm), Yeast, Salt, Sesame Seed Topping, Emulsifier E472(e) (Mono and diacetyl tartaric esters of mono and diglycerides of fatty acids), Preservative E282 (Calcium Propionate), Emulsifier E471 (Mono and diglycerides of fatty acids), E300 (Ascorbic Acid).

### **Bun : Whopper/5"**

Wheat Flour, Water, Sugar, Non-Hydrogenated Vegetable Oils (Rapeseed, Sunflower and Palm), Yeast, Salt, Sesame Seed Topping, Emulsifier E472(e) (Mono and diacetyl tartaric esters of mono and diglycerides of fatty acids), Preservative E282 (Calcium Propionate), Emulsifier E471 (Mono and diglycerides of fatty acids), E300 (Ascorbic Acid).

### **4.5" Corn Dusted Bun**

Wheat Flour, Water, Sugar, Non-Hydrogenated Vegetable Oils (Rapeseed, Sunflower and Palm), Yeast, Fine Maize Grit (Topping), Salt, Emulsifier E472(e) (Mono and diacetyl tartaric esters of mono and diglycerides of fatty acids), Preservative E282 (Calcium Propionate), Emulsifier E471 (Mono and diglycerides of fatty acids), E300 (Ascorbic Acid).

### **Baguette**

Wheatflour, Yeast, Water, Salt, Gluten, Emulsifier (E322/ Lecithin), Antioxidant (E300/ Ascorbic Acid), Amylase.

### **Ketchup**

Tomatoes (126g per 100g ketchup), Spirit vinegar, Sugar, Salt, Spice and herb extracts, Spice, Garlic powder.

### **Mayonnaise Reduced Fat**

Water, spirit vinegar, modified maize starch, vegetable oil, pasteurised egg and egg yolk, sugar, salt, glucose syrup, potassium chloride, stabilisers (E460/ microcrystalline cellulose, E415/xanthan gum, E466/carboxymethyl cellulose), colour (E171/titanium dioxide), flavouring (contains mustard), preservative (E202/potassium sorbate), lemon juice concentrate, antioxidant (E385/ calcium disodium EDTA), paprika extract.

### **Mayonnaise 65% Fat**

Vegetable oil (65%), Water, Egg Yolk, Spirit Vinegar, Lemon Juice, Modified Corn Starch, Salt, Sugar, Thickening Agent: (E415/Xanthan Gum), Natural Flavours, Spices.

### **Mustard**

Water, Spirit Vinegar, Mustard Seed, Salt, Spice, Caramelised Sugar, Natural Flavouring.

### Sauce, Steakhouse

Tomato Paste, Sugar, Spirit Vinegar, Modified Waxy Maize Starch, Orange Juice, Salt, Honey, Malted Barley Extract, Spices, Acidulant (E330/Citric Acid), Flavours (contains Soy), Mustard Seeds, Preservative:( E202/Potassium sorbate), Thickening Agent: (E410/Locust Bean Gum), Maltodextrin, Colours:( E150a/Caramel & E160c/Paprika extract)

### Sauce, Piri Piri

Tomato Passata, Water, Red Wine Vinegar, modified Waxy Maize Starch, Red Peppers, Lemon Juice, Olive Oil, Garlic Puree, Jalepeno Peppers (Jalepeno Peppers, Water, Salt, Vinegar), Chilli Puree, Salt, Coriander, Sugar, Paprika, Citric Acid, Cayenne Pepper, Rapeseed Oil, White Pepper, Preservative: (E202/Potassium Sorbate, E260/ Acetic Acid)

### Peppercorn Sauce

Skimmed milk yoghurt, Water, Vegetable Oil, Spirit Vinegar, Onions, Glucose-fructose Syrup, Modified Waxy Maize Starch, Salt, Egg Yolk, Sugar, Spices, Lemon Juice, Whey product, Thickening agent:(E415/Xanthan Gum, E440/ Pectin, Preservative:(E202/Potassium Sorbate), Flavours

### Sweet Chilli Sauce

Glucose-Fructose Syrup, Spirit Vinegar, Garlic, Red Peppers, Salt, Chilli, Modified Cornflour, Tomato Paste, Thickener:(E415/Xanthan Gum), Spice, FlavouringDIPS

### Ketchup Sachet

Tomatoes (126g per 100g ketchup), Spirit vinegar, Sugar, Salt, Spice and herb extracts, Spice, Garlic powder.

### Mayonnaise Sachet

Vegetable Oil (70%), Water, Egg Yolk, Spirit Vinegar, Mustard, Sugar, Modified Starch, Salt, Acidity regulator: (E330/Citric Acid), Preservative (E202/Potassium Sorbate), Thickener (E412/Guar Gum), Antioxidant (E385/EDTA), Spices.

### Sweet Chilli Sauce Dip Pot

Glucose-fructose syrup, spirit vinegar, garlic, red peppers, salt, chilli, modified cornflour, tomato paste, thickener: (E415/xanthan gum), spice, flavouring

### BBQ Sauce Dip Pot

Tomato puree (36%), spirit vinegar, sugar, salt, modified cornflour, molasses, smoke flavouring, vegetable oil, spices, thickener: (E415/xanthan gum, garlic extract (contains mustard), spice extract, herb extract (contains celery).

### Dressing, French Sachet

Water, Cider Vinegar, Tarragon and Thyme Mustard (Malt vinegar, Water, Sugar, Mustard Bran, Salt, Dried thyme, Spices, Tarragon oil), Parsley, Sugar, Stabiliser : (E415/Xanthan Gum), Black Pepper, Salt, Preservative: (E202/Sorbate)

### Dressing, Honey & Mustard Sachet

Water, Dijon Mustard (Water, Mustard flour, Spirit vinegar, Salt, Mustard husk, Pimento, Turmeric) (11.0%) Wholegrain Mustard (Water, Mustard Seed (31%), Spirit Vinegar, Sea Salt, Cinnamon, Pimento) (7%), Glucose Syrup, Mexican Honey (7.0%), White Wine Vinegar, Modified Maize Starch, Salt, Stabiliser: (E415/ Xanthan Gum), Preservative : (E202/Potassium Sorbate), Citric Acid.

### Oil, Frying

Vegetable Oil, Citric Acid, Anti Foaming Agent (E900/Dimethyl polysiloxane).

### Tomato

Sliced Tomato

### Lettuce

Shredded Lettuce.

### Onions

Sliced Onions.

### Pickles

Gherkins, Water, Salt, Vinegar, Calcium Chloride, Preservative (E211/Sodium benzoate), Dill Flavour, Turmeric.

### Jalapeno

Jalapeno Chillies, Water, Spirit Vinegar, Salt, Preservative :(E211/ Sodium benzoate).

### Pepper Strips

Vegetables 59% (In varying proportions: Onion, Green Pepper, Red Pepper), Vegetable Oil, Wheat Flour, Water, Starch (Maize, Wheat, Potato), Salt, Modified Starch (Maize, Tapioca), Flavourings, Tapioca Dextrin, Onion Powder, Garlic Powder, Spices, Herbs, Raising Agents: (E450/ Diphosphates, E500/ Sodium Bicarbonate); Spice Extract, Stabiliser:( E415/ Xanthan Gum).

### LA Garden Salad

Lettuce (43%), White Cabbage (21%), Cherry Tomatoes (15%), Carrot (14%), Sweetcorn (7%).

### LA Flame Grilled Chicken Salad

Fresh Garden Salad: Lettuce (43%), White Cabbage (21%), Cherry Tomatoes (15%), Carrot (14%), Sweetcorn (7%). Chicken Strips Chicken, Water, Rice Bran Oil, Fructose Syrup, Waxy Corn Starch, Salt, Lime Powder

## BREAKFAST

### Hash Browns

Potatoes, Vegetable Oil, Dehydrated Potato Flakes, Salt, Natural Flavouring.

### Egg Patty

Egg (61%), Milk, Vegetable Oil, Salt, Stabiliser (E415/Xanthan Gum), Natural Flavour, Pepper

### Cumberland Sausage Ring

Pork (70%), Water, Rusk (Wheat Flour, Water, Salt, Raising Agent (E503ii)), Cumberland Seasoning (Yeast Extract, Salt, Rice Flour, Yeast Powder, Herbs (Parsley, Majoram, Sage), Sodium Metabisulphite (E223), Natural Flavouring, Ascorbic Acid (E300)), Soya Protein, Dextrose, Wheat Starch, White Pepper, Salt, Natural Casing (Natural Sheep Casing, Salt).

### Breakfast Bacon

Pork, water, sugar, salt, honey, natural smoke flavouring, preservative: (E250/Sodium nitrate).

### Anchor Spread

Butter (58%), Vegetable Oil (33%), Water, Salt (1.3%).

### Ketchup Sachet

Tomatoes (126g per 100g ketchup), Spirit vinegar, Sugar, Salt, Spice and herb extracts, Spice, Garlic powder.

### HP Brown Sauce

Malt vinegar (from Barley), tomatoes, molasses, spirit vinegar, glucose-fructose syrup, dates, sugar, salt, modified maize starch, rye flour, tamarind extract, spices, onion extract.

## FRIED & SIDES

### Chilli Cheese Bites

Processed Cheese (31%) [Cheese, Water, Milk Protein, Butter, Whey Powder, Modified Tapioca Starch, Emulsifying Salt (E331iii/Trisodium Citrate), Salt, Colours (E160a/Carotenes, E160c/Paprika Extract), Waxy Maize Starch], Batter [Wheat Flour, Water, Wheat Starch, Salt, Raising Agents (E450/Diphosphates, E500/Sodium Carbonates, E530ii/Magnesium Oxide), Skimmed Milk Powder, Stabiliser (E464/Hydroxypropyl methyl cellulose), Colour (E160c/Paprika Extract), Yeast, Sunflower Oil], Water, Bell Pepper (10%), Vegetable Oil, Jalapeno Peppers (4%).

### Fries

Potatoes, Vegetable Oil, Modified Potato Starch, Rice Flour, Potato Dextrin, Salt, Dextrose, Stabiliser (E415/Xanthan Gum.)

### Onion Rings

Diced Onions (51%), Wheatflour, Breadcrumbs (Wheatflour, Yeast, Salt); Rapeseed Oil, Gelling Agent (E401/Sodium Alginate).

## DESSERTS

### Ice cream Base

Skimmed Milk, Sugar, Cream, Skimmed Milk Solids, Stabilisers (E460/ Microcrystalline Cellulose, E466/ Carboxy methyl cellulose, E331/ Sodium citrate, E412/ Guar gum, E407/ Carrageenan), Emulsifier (E471/ Mono and diglycerides of fatty acids), Salt, Vanilla Flavour.

### Shortcake Crumb

Wheatflour, Sugar, All Vegetable Margarine, Butter Flavouring, Salt.

### Cheesecake Sauce

Glucose Syrup, Water, Dextrose, Sugar, Glycerine, Cheese Powder, Full Cream Milk Powder, Modified Waxy Maize Starch, Butter, Flavouring (Cream Cheese Flavouring), Emulsifier: (E435/Polyoxyethylene (20) Sorbitan Monostearate), Salt, Colour (E171/ Titanium Dioxide).

### Cream Sauce

Sugar Syrup, Glucose Syrup, Dextrose, Water, Palm Oil, Sugar, Double Cream, Full Cream Milk Powder, Glycerine, Modified Waxy Maize Starch, Skimmed Milk Powder, Emulsifiers (E435/Polysorbate 60, E322/Lecithin), Stabiliser (E451 ii/Pentapotassium triphosphate), Colour (E171/Titanium Dioxide), Salt, Flavouring.

### Strawberry Sauce

Glucose Syrup, Strawberry (27%), Sugar, Water, Strawberry Puree (10%), Modified Waxy Maize Starch, Strawberry Concentrate (2.5%), Acidity Regulators (E330/Citric Acid, E331/Sodium citrates), Colour (E163/Anthocyanins), Flavouring, Preservative (E202/Potassium sorbate), Stabiliser (E415/Xanthan Gum).

### Grapple Bag

Apples, Grapes.

### Chocolate Cake Pieces

Sugar, Pasteurised Egg, Wheat flour, Salted Butter, Cocoa Powder, Water, Sunflower Oil, Salt, Raising Agent (E500/Sodium Bicarbonate)

### Chocolate Fudge Sauce

Glucose Syrup, Sugar, Water, Butter, Skimmed Milk Powder, Cocoa Powder, Lecithin (From Soya), Salt

### Apple Pie

Apple (55%), wheat flour, butter (10,6%), sugar, water, glucose syrup, wheat starch, egg powder, salt, gelling agent (E422/ pectin), colour (E160a/Beta carotene), acidity Regulator (E332/ Potassium acid).

### Strawberry Cheesecake

Full Fat Cream Cheese ( Full Fat Cream Cheese, Modified Maize Starch, Salt), Sugar, Strawberry Sauce ( Water, Sugar, Modified Maize Starch, Strawberry Concentrate, Citric acid, Colour (E163/Anthocyanins), Gelling Agent (E440/Pectin), Flavouring, Stabiliser (E415/Xanthan gum), Acidity Regulator (E331/Sodium citrates)), Pasteurised Double Cream, Wheat Flour, Pasteurised Single Cream, Whole Egg, Vegetable Oil, Vegetable Margarine ( Vegetable Oil, Water, Salt, Colour (E160a ii/Beta Carotenes)), Maize Starch, Invert Sugar Syrup, Raising Agents (E500ii/Sodium hydrogen carbonate,E503 ii/ Ammonium hydrogen carbonate), Flavouring, Stabilisers (E410/Locust bean gum,E415/ Xanthan gum,E412/ Guar gum), Dextrose

## DRINKS

### Fanta (GB)

SUGAR, WATER, CITRIC ACID STABILISERS (ACACIA GUM, E444, E445), FLAVOURINGS, ACIDITY REGULATOR (E331/SODIUM CITRATE), PRESERVATIVES (E202/POTASSIUM SORBATE, E211/SODIUM BENZOATE), SWEETENERS (ACESULFAME K, SODIUM SACCHARIN), COLOUR (E160a/BETA-CAROTENE).

### Fanta (Ireland)

SUGAR, WATER, CITRIC ACID, FLAVOURINGS, STABILISER (ACACIA GUM), PRESERVATIVE (E 211/SODIUM BENZOATE), ANTIOXIDANT (ASCORBIC ACID), COLOUR (E 110/SUNSET YELLOW).

### Coca Cola

Carbonated Water, Sugar, Colour:(E150d/Caramel), Phosphoric Acid, Flavourings (including Caffeine)

### Diet Coke

Water, Colour:(Caramel/E150d), Sweetners:(Aspartame, Sodium Saccharin), Phosphoric Acid, Flavourings, Citric acid, Preservative (E211/ Sodium Benzoate), acidity regulator (E331/Sodium Citrate), Caffeine, Anti-Foaming Agent (E900/ Dimethyl polysiloxane)

### Sprite (GB)

Carbonated Water, Sugar (Carbohydrate), E330/Citric Acid, Acidity Regulator (E331/Sodium Citrate), Flavourings, Preservative (E211/Sodium Benzoate).

### Sprite (Ireland)

Carbonated Water, Sugar (Carbohydrate), E330/Citric Acid, Flavourings, Acidity Regulator (E331/Sodium Citrate), Preservative (E211/Sodium Benzoate), Antioxidant (E300/Ascorbic Acid).

### 5 Alive Berry Blast

Water, Fruit Juices (20%) (Apple, Blackcurrant, Grape, Raspberry, Strawberry), Sugar (Carbohydrate), Flavourings, E330/Citric Acid, Vitamin C, Zinc Gluconate.

### Abbey Well Mineral Water

Water

### Minute Maid Orange Juice

Orange Juice

### Milk Shake Base

Skimmed Milk, Sugar, Cream, Maltodextrin, Skimmed Milk Solids, Stabilizers (E412/Carrageenan, E410/Locust Bean Gum), Vanilla Flavouring, Salt.

### Strawberry Syrup

Glucose Syrup, Water, Sugar Syrup, Fructose Syrup, Colour (E162/Beetroot Red), Flavouring, Acidity Regulators (E330/Citric Acid, E331/Sodium Citrate).

### Chocolate Syrup

Sugar Syrup, Glucose Syrup, Water, Cocoa Powder, Flavour, Caramel, Emulsifier (E322/Lecithin), Salt, Acidity Regulator (E330/Citric Acid).

### Banana Syrup

Glucose Syrup, Sugar Syrup, Water, Safflower Extract, Flavouring, Acidity Regulator:(E330/ citric acid)

### Tea (Black)

Water, Tea.

### Tea (White)

Water, Milk, Tea.

### Coffee ( Black)

Water, Coffee.

### Cappuccino

Water, Coffee, Skimmed Milk Powder, Whey Powder, Lactose, Milk Protein, Starch, Acidity Regulator (E525/Potassium Hydroxide).

### Latte

Water, Coffee, Skimmed Milk Powder, Whey Powder, Lactose, Milk Protein, Starch.

**Hot Chocolate**

Sugar, skimmed milk powder, Fat-reduced cocoa powder (17.5%), whey powder, lactose, anti-caking agent (E551)

**Milk, Semi-Skimmed**

Pasteurised Semi-Skimmed Milk.

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